

Learning Strategies Checklist

Assess your use of study strategies. Place a check beside the strategies you have used this week. Do you notice any strategies that you are not yet using that you would like to add to your study plan?

Task Name	Mon	Tues	Wed	Thur	Fri	Sat	Sun
Reviewed the Learning Objectives for the current chapter/week							
Read the chapter or section on the topic							
Created study notes from readings and class lectures							
Reviewed my notes using strategies like testing myself, explaining to others, or creating visuals							
Reviewed the work I did in class							
Completed homework questions							
Completed practice exercises							
Accessed course resources online (videos, quizzes, practice tests etc.)							
Met with instructor on areas of confusion and/or met with a tutor							
Used a weekly schedule and daily to-do list to organize my time							
Completed available practice tests							
Created potential exam questions from my notes							
Tested myself on my own questions							
Met with my study partner(s)							
Read the assignment questions							
Outlined my assignment tasks							
Set a daily goal for work on my assignment							
Other...							