

Use Evaluation to Support Planning

Consider your use of learning resources. These include instructor office hours, online resources that supplement your textbook, peer tutors, and Learning Strategist consultations. Use the Stop-Start-Continue method to make your plan. If any of your current strategies are ineffective, you may wish to stop them and replace them with other study methods. Continue strategies that are currently effective, and start new strategies that you feel will support your success.

	Learning Strategies	Learning Resources
Stop		
Start		
Continue		