TOOL: RESOURCES ON CAMPUS

Office of Equity and Inclusive Communities and Teaching & Learning Commons

Office of Equity and Inclusive Communities

The Vice President, Equity and Inclusive Communities leads the development and implementation of key anti-racism, accessibility, gender equity, social sustainability, and broad Equity, Diversity and Inclusion (EDI) strategies in alignment with the university's Strategic Vision and Academic Plan. The Vice President is responsible for providing strategic leadership to key initiatives that advance EDI while fostering the development of an inclusive university culture.

There are four major portfolios in the Office: anti-racism, accessibility, gender and sexual equity, and social sustainability.

Indigenous Student Services

Indigenous Student Services is committed to providing a welcoming, supportive, and inclusive environment for all Indigenous (First Nations, Métis, and Inuit) students and visitors to our Gathering Place.

We continue to provide student support online, virtual and on campus (modified hours). If you are looking for assistance and tips on applying for scholarships and awards, accessing resources to help with transition to online learning or wanting to learn more about our various student supports, we're here to help! Please visit our Facebook page for announcements, new resources for students, events and more.

Whether you have a question about your program, looking to connect with other Indigenous students or you're trying to find student supports, Indigenous Services for Students has you covered.

Multifaith Centres & Prayer Rooms

The KPU Multi-Faith Centre is a coalition of diverse faith and secular communities offering students, faculty, and staff an open door, an open mind and an open heart of care and advocacy.

Chaplains at the multi-Faith Centre are here to:

- Respect the diversity of faith-based and secular worldviews and provide respectful alternatives for the questioning mind;
- Encourage individuals on their spiritual journey;
- Create spaces of solace and sanctuary, dialogue and discovery;
- Inspire thoughtful, integrated, virtuous living
- Collaborate with people of all faiths and secular worldviews for the common good
- Connect people to local faith and secular communities and to global causes

What do Chaplains do?

- The term "chaplain" is now a widely used and accepted term to refer men and women who represent religious or philosophical traditions in a seculary environment like a university, hospital or other public setting. The role of a chaplain varies depending on the community in which they are active.
- At KPU, chaplains are available for individual visits. They also provide programming that increases the understanding and respect of different religious and philosophical beliefs and work with faith-based and secular student clubs and groups.

Prayer and Meditation Rooms

The multi-Faith Centre offers several sacred spaces for meditation and prayer on KPU's campuses:

Locations:

• KPU Civic Plaza: Room 514

• KPU Langley: L1632 (East building)

• KPU Surrey: Fir 305

• KPU Richmond: R1790

These spaces are available to KPU students, staff and faculty of ALL faiths and secular beliefs who wish to participate in worship, reflection and meditation while on campus. They are open during regular building hours.

Accessibility Services

At Accessibility Services we work with students who require personalized plans to ensure access to the University and success in achieving academic goals. We can help with:

- Academic Accommodations,
- Transition from High School,
- · Applying for disability-related funding,
- Getting connected with KPU services and supports.

Accessibility Services also works with faculty and staff to develop accommodation solutions and design accessible academic and University experiences.



A circular image detailing the steps of the process for academic accommodations for students. https://www.kpu.ca/access

- **Self-Identify**: we encourage you to let us know about the barriers you are experiencing or anticipating
- **Collect Info**: we will work with you to collect information about your experience, educational or medical reports, our goals, and how you would like us to help
- **Plan Accommodations**: we will work with you to create an individualized accommodation plan
- **Collaborate**: we invite your instructors to help develop accommodations, strategies, and solutions Implement and support: we help put accommodation plans in place and make sure they are working well. We stay connected to make sure your accommodation plan is working and consider appropriate changes if you are still experiencing barriers.

Counselling Services

KPU's Counselling Services are committed to ensuring the health and well-being of students. Counselling Services offers both online and in-person sessions. If you would like to speak with a counsellor for the first time, or your existing counsellor.

Please call 604-599-2828 for assistance. You can also email us at Counsellor@kpu.ca

Crisis and Suicide Prevention Supports

- Visit Risk and Security for KPU's Individuals in Crisis Protocols document (The Green Sheet).
- For additional information visit the Crisis Support and Suicide Prevention page.

Reasons to Seek Counselling

A Counsellor can help if these concerns or others are ongoing and affecting your academics, sleep, or motivation:

- Adjusting to university life and studies
- Stress
- Anxiety
- Sadness
- · Feeling overwhelmed
- Relationship troubles
- · Family issues
- Loss and/or grief
- Past experience of physical, sexual, or emotional violence
- Other mental health challenges
- Referrals from Early Alert

We can also make referrals to specialized help.

We run several groups throughout each academic year on a variety of topics and issues.

How to Connect with a KPU Counsellor

We offer initial meet and greet sessions Monday-Friday on the phone and online.

- Call 604-599-2828 and speak with one of our Counselling Advising Assistants. They will provide you with information about the initial appointment and how you can attend.
- If you are experiencing a crisis, let the Counselling Advising Assistant know.

About the authors

Office of Equity and Inclusive Communities

Teaching & Learning Commons